

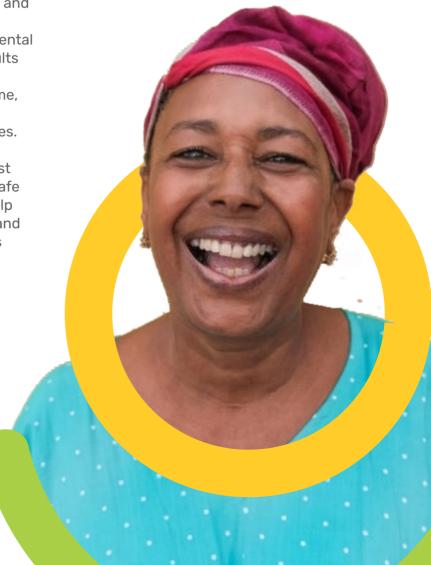


### Welcome

Harmony Care Support is a home dedicated to making a real and lasting difference for everyone we support.

We provide a range of specialist residential and supported living services for adults with learning disabilities and associated with mental illness. Our expertise lies in supporting adults with a wide range of conditions including Autistic Spectrum Disorder, Down Syndrome, William Syndrome, Cerebral Palsy sensory impairment and other complex health issues.

We pride ourselves on delivering the highest standards of person-centred care within safe and homely environments. Our aim is to help everyone we support to lead fulfilled lives and where possible, achieve positive outcomes regardless of age or presumed ability.



### Our Team

As one of the leading providers of specialist adult care in the UK, our purpose is to make a real and lasting difference for everyone we support.

Harmony Care Support provides first class residential care delivered by trusted, professional and full trained staff.

Our experienced team enables us to deliver high standards of professional care, and provide a warm, welcoming, family-style environment where our residents are able to move forward at their own pace and abilities.

We provide support that is built around you. Everyone we support is encouraged to take part in as many everyday activities as they can, whatever their needs. The support we provide focuses on giving people as much as control as possible over their life

#### **Residential services**

Tailored, personalised support for people with learning disabilities, mostly in small, homely settings that allow our trained, friendly and dedicated staff to focus on providing the right amount of support in a relaxed and welcoming environment.

### Respite and day services

Specialist services which offer bespoke support and enablement for individuals who, in addition to their learning disability, have additional support needs associated with autism, challenging behaviour, complex health needs or additional disabilities.

### **Supported living**

Innovative support, focussed on supporting people to be as independent as possible within their own homes and in the local community. We support and encourage individuals with household tasks, going shopping and managing money, as well as accessing local facilities like leisure centres and



libraries, and fulfilling their education or employment wishes.

### **Mandatory Training**

We are an experienced provider of supporting people with more complex needs, including those with profound and multiple learning disabilities. We have years of experience of providing the very best support to people in residential care - Our services meet or exceed the standards set by the Care Quality Commission. All team members complete their own comprehensive, in house induction training programme, designed to establish and enhance their knowledge of our organisation, it's roles and responsibilities, mandatory training also, covers key aspects of care including health and safety, infection control, moving and handling, medication and safeguarding.

#### **Qualifications**

We value the skills and expertise of our staff and expertise of our staff by continuing their professional development, with an emphasis on learning disability and mental illness, and providing sipper to achieve nationally recognised qualifications. All our support staff have either achieved a National Vocational Qualification (NVQ) to a minimum of level 2 or are working towards the Diplomas in Health and Social Care.

#### **Equal opportunities**

We are an equal opportunities employer and are committed to providing equal opportunities for our residents and employees. All our residents and expect to be treated with respect, dignity and sensitivity irrespective of their age, gender, race, belief, culture and disability.



# Our Specialist Services

Whether in a residential home environment or out in the community, our dedicated and person-centred approach ensures individuals develop at their own pace, and they make their own choices about their daily lives.

We offer a wide range of specialist care services to meet the social, physical and emotional needs of all the people we support. This includes:

- Residential and nursing care tailored to the needs of the individual
- Innovative support programmes in nurturing and caring environments
- Supported living and community outreach transition services
- Independent living in safe accommodation
- O Dedicated and highly qualified staff teams
- Access to education and paid employment opportunities for adults aged 18 years and over
- Progression through a care pathway that fulfils potential
- Choices for the people we support that encompass each individual's needs to achieve positive outcomes



# Learning disabilities

We provide expert tailored care and support for people with a range of mild, moderate or severe learning disabilities including autism, asperger's syndrome and sensory processing disorder

We provide expert tailored care and support for people with a range of mild, moderate or severe learning disabilities including autism, Asperger's syndrome and sensory processing disorder

We also provide comfortable and well-equipped care homes for people with mild, moderate and severe learning disabilities. Support is tailored to each individuals's needs, wishes and goals and we work with each person to create a bespoke care and support plan. We support people to live a fulfilling and rewarding life, supporting them in their daily activities and tasks and maintaining their independence. We provide a diverse range of leisure and recreational activities that people can choose to become involved with and offer care from a team of highly skilled and experienced nurses and care assistants.



## **Core Values**

### Care



### TOGETHER:

- We are committed to building independence
- we make a positive difference to people's lives
- We respond with compassion and kindness to each person's pain, distress or individual need

### Respect



#### TOGETHER:

- We will treat everyone with dignity and respect
- We first seek to understand before being understood
- We value every person as an individual

### **Innovate**



### TOGETHER:

- We will always strive to produce excellence
- We will embrace people's individuality and creativity
- · We will be proactive

### **Demonstrate**



### WITH THESE VALUES:

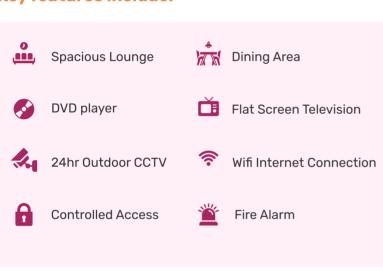
- I will Care
- I will Respect
- I will Innovate
- I will Demonstrate



# **Home Sweet Home**

Harmony Care Support provides a homely environment with everything our residents need to feel safe, secure and comfortable. Residents are encouraged to organise their rooms in way they love and feel relaxed!

### **Key features include:**



The home is situated in a quiet location, which is ideal to meet the sensory needs to residents with a learning disability who seek a calm and tranquil setting for exercise and activity. Our location has the added advantage of being near to excellent community facilities, including local convenience stores, coffee shops, post office and banking restaurants.





# Out in the community















- Train Station walking distance from accommodation
- Swimming Pool within 3 mile radius
- Gym within 2 mile radius
- Cinema within 1.8 mile radius
- Bowling within 1 mile radius
- Restaurants within a mile radius
- Local park within a mile radius

### **Supported Living**

We provide a range of 24 hour supported living accommodation to people either a learning disability or autism. Our supported living services enable people to live as independently as possible as part of the local community

- Oreating a support environment within the community aimed at people seeking greater independence
- Providing privacy and independence of living in their own home
- Trialing independence within a risk managed setting
- 24-hour Support if required
- Person-centred support plans for individual needs
- Social and reintegration events with peer support focus
- Enhancing confidence, building life skills and maximizing working opportunities
- Embracing the latest technology to build effective processes



## Sit back and relax!

Our well-appointed bedrooms are designed -coordinated to help with the wellbeing of their residents. Harmony Care Support are happy to assist residents who wish to bring their own finishing touch to their living space

Harmony Care Support believes that social engagement should be encouraged. Our large kitchen, dining room and lounge area enables residents to interact and engage with each other as fully as possible. A spacious garden also provided residents the opportunity to enjoy a variety of outdoor activities, including summer barbecues.





## Be in control

### Personalised approach

We offer a personalised approach to the development of each resident's care package. This is built around the needs and choices of each individual and involves the residents themselves from the outset. We aim to deliver a high standard of professional care at all times to those in our care.

### Support plan

Our philosophy places a strong emphasis on a 'person centred' approach. We support personal aspirations by working in partnership with a resident, their family and other representatives to develop a support plan. By supporting individual life skills and social experiences within the community, residents are better to enabled to achieve their desired outcomes.

### **Respect and dignity**

Our person-centred approach also means that each resident is seen as an individual to be treated with respect and dignity. Every resident is given a named key worker and individual care plan detailing their personal and medical history, a record of particular activities enjoying and any cultural or religious aspects of their care.

#### Safe environment

We work collaboratively with the CQC, Commissioners, NHS trusts, independent advocates, local council, social services, GP's and other statutory agencies. Harmony Care Support takes a strategic, professional lead to ensure that procedures are in place to fully support and protect residents and avoidable harm and risk. We provide a safe environment for our residents, visitors, carers and staff.





# **Your Development**

We support residents to gain and maintain their living skills. Growth in confidence is gained through access to stimulating activities and experiences that are meaning full and contribute to their personal development and a sense of achievement. At the same time, we recognise and respect that each individual has a right to progress at their own pace and in way that is most meaningful to them

#### **Life Skills Programming**

- Cooking & Meal Planing
- Laundry
- Household Tasks
- Time Management
- Hygiene
- Road Safety
- Safe use of Public transport
- Shopping

#### Education



- Working with local colleges
- · Budget & Financial Planning
- Drama, Healthy Eating and Art & Craft Classes
- Opportunities through
  Learn Direct

#### Community



- Libraries
- Walking & Trekking groups
- Working in the Community
- Cycling groups
- Gyms

### Reflecting needs

Each person has a schedule of activities, drawn up to reflect their needs, abilities, likes and dislikes. The aim is to build on existing skills, supporting each individual in their continued personal development, and promoting social and educational opportunities. Wherever possible, activity programmes are devised in association with the resident, as well as relevant professional including, speech therapists and psychology teams and amongst others.

#### Life skills

One of our main aims is to rebuild the life of those in our care by allowing them to choose the life of the skills programmes they want to develop to help increase their confidence and integration into the community.



#### Your choice

Our care provision endorses a holistic approach, which is sensitive to the needs of every resident and encompasses the following essential aspects of the 'total' person:

- Privacy
- Dignity
- Independences
- · Choice
- Rights
- Fulfilment

### **Risk management**

Each person will have an individual risk assessment, Harmony Care Support will strive to provide the best opportunities and choices within this framework – the freedom to try different activities and experiences to help them live a fulfilled life.

### Supporting behavioural needs

We work with existing management strategies and care plans for behavioural needs, which are regularly reviewed. Staff will support each person to live their life in the way they wish, enabling access to the community and safely managing any challenging behaviour they may have.

### **Decision making**

Our key aim at Harmony Care Support is to support residents to make the informed decisions and choices that enable them to take control of their lives and progress towards maximum independence – an approach that includes supporting residents to take an active part in the way their home is run.

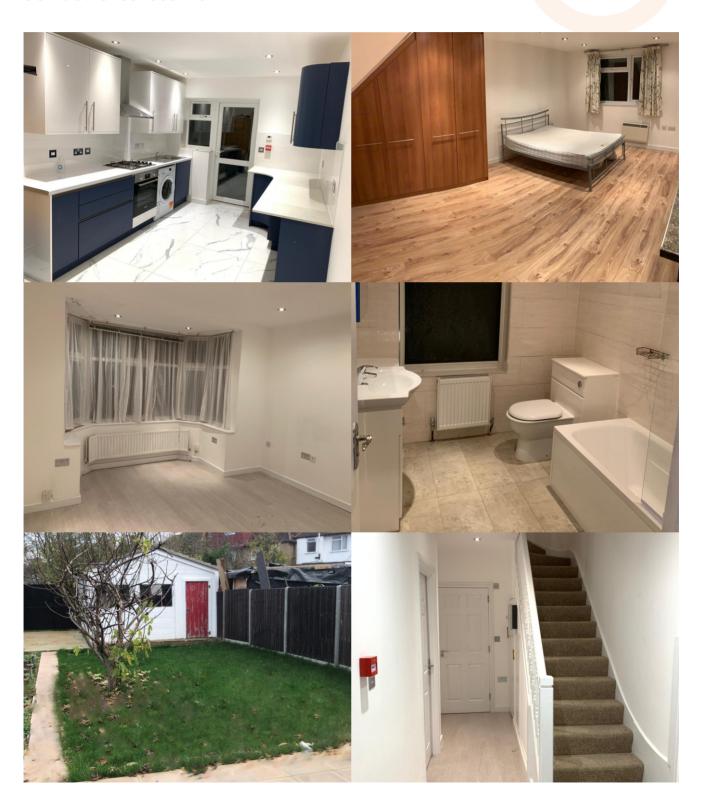




### **Rayners House**

12, Rayners Lane, Harrow HA2 0UB

Contact: 02082593743

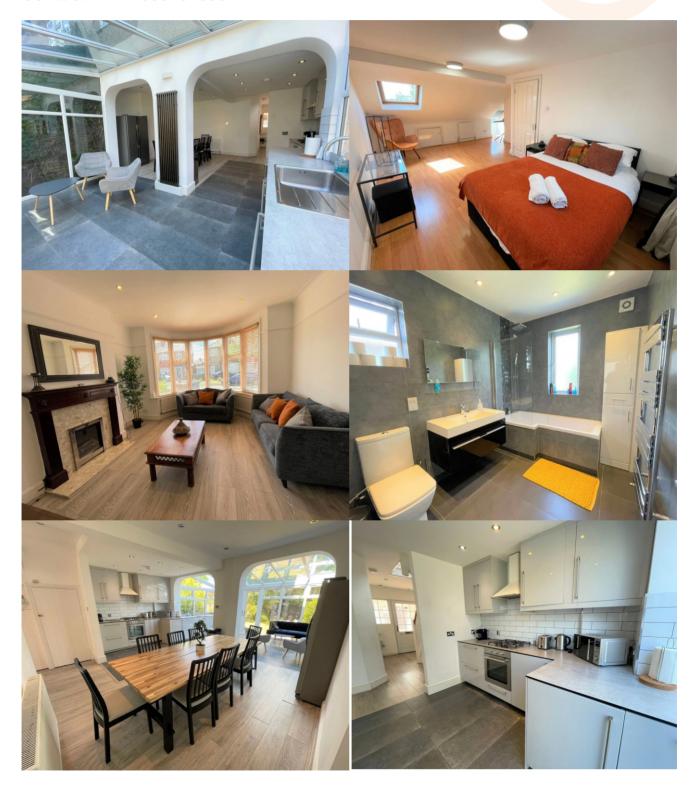




### **Norwood House**

36 Norwood Drive, Harrow, HA2 7PE

Contact: +44 2083781305





# **Contact Us**

- 12 Rayners Lane, Harrow HA2 OUB.36 Norwood Drive, Harrow, HA2 7PE
- info@harmonycaresupport.co.uk
- +44 7786 467106, +44 2083781305, 02082593743
- harmonycares.org



